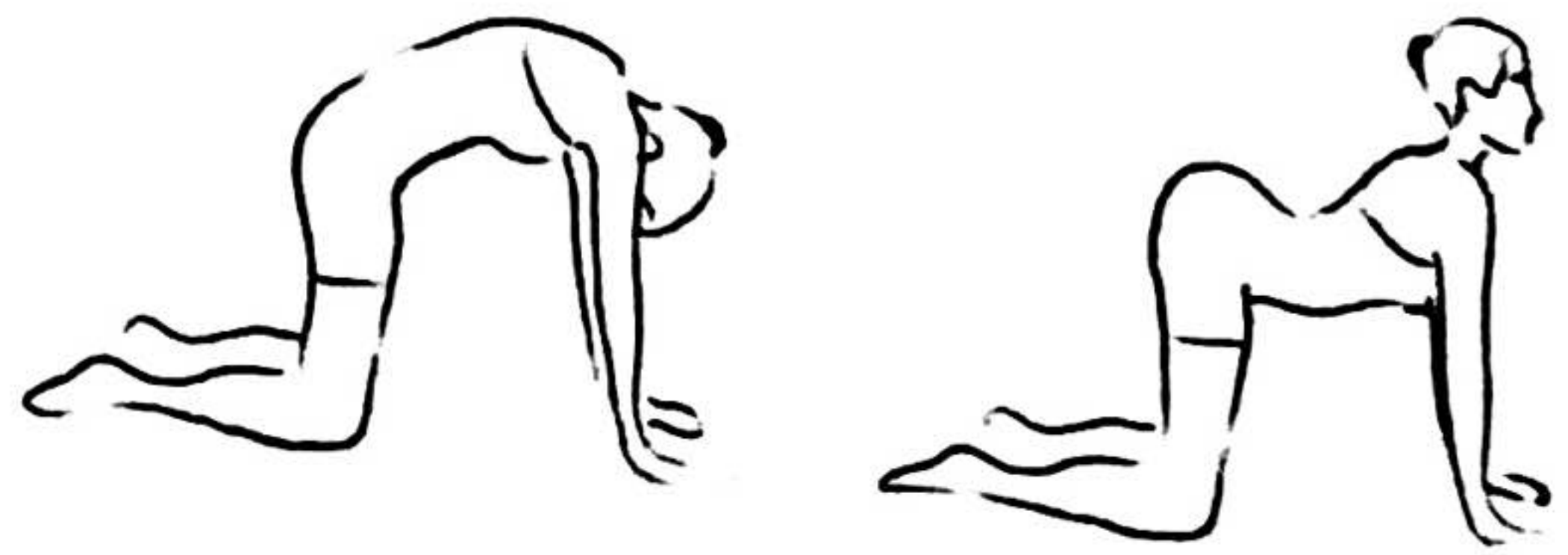


- Cat/Cow Pose



- Downward Facing Dog



- Child's Pose



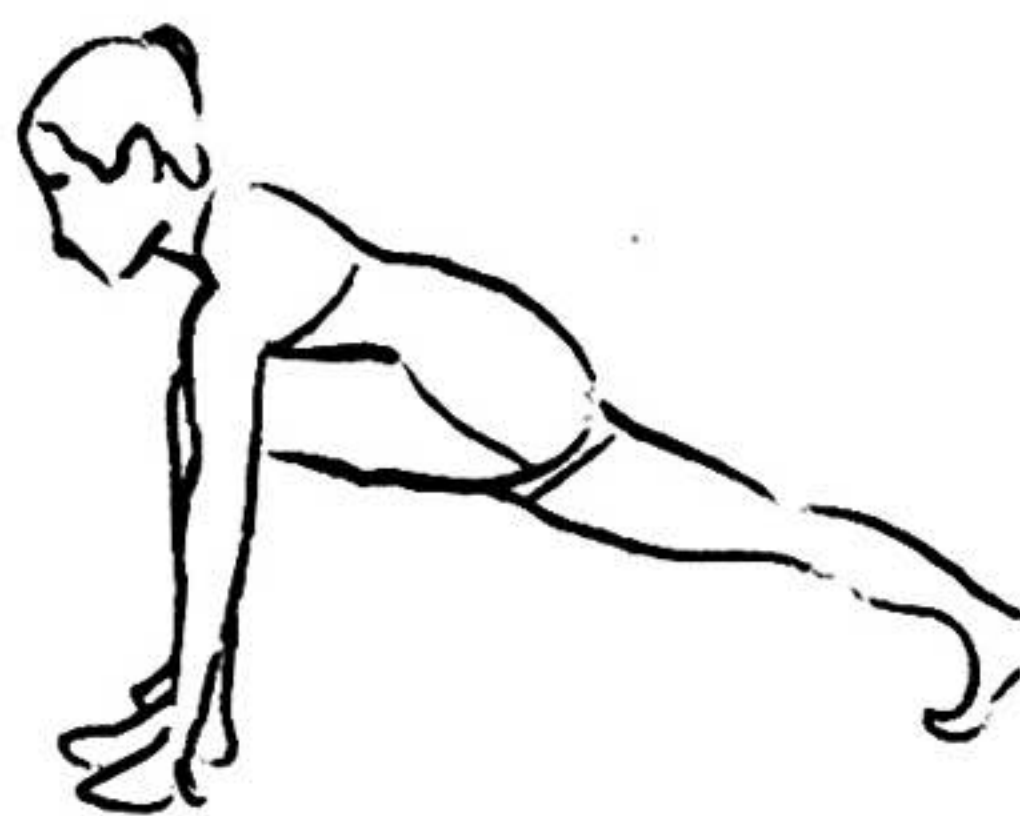
- Downward Facing Dog



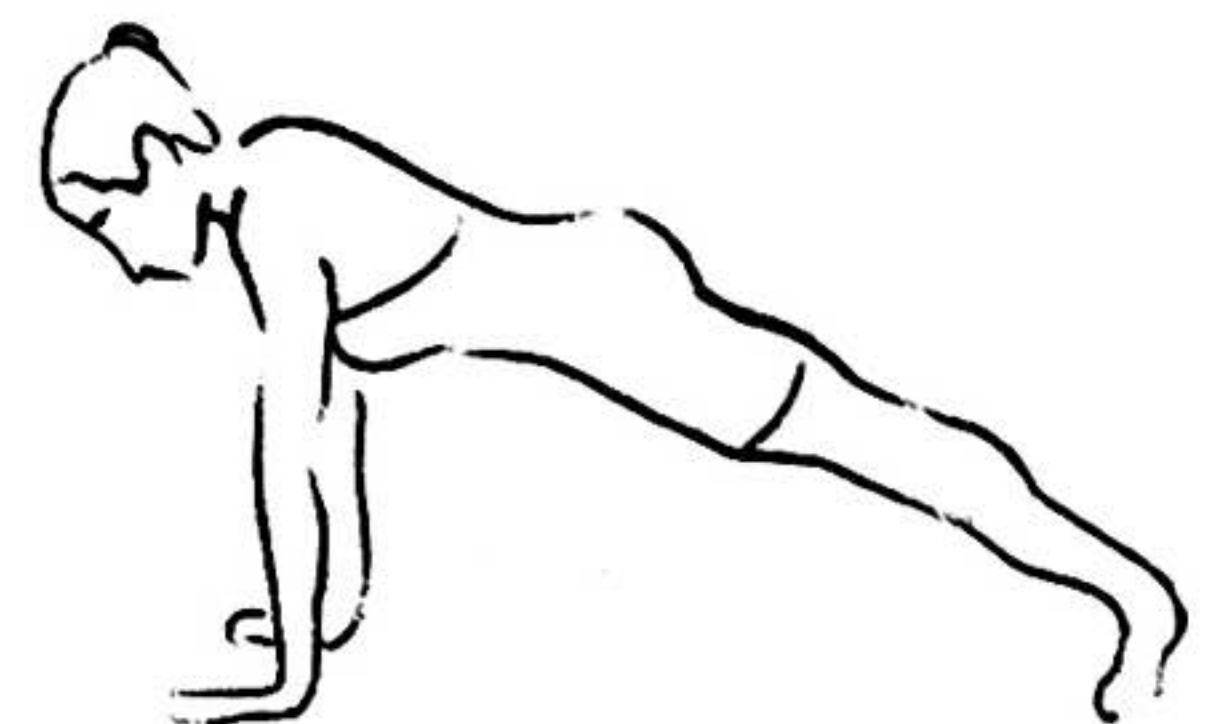
- Warrior 1 Right Side



- Lunge Right Side



- Plank Pose



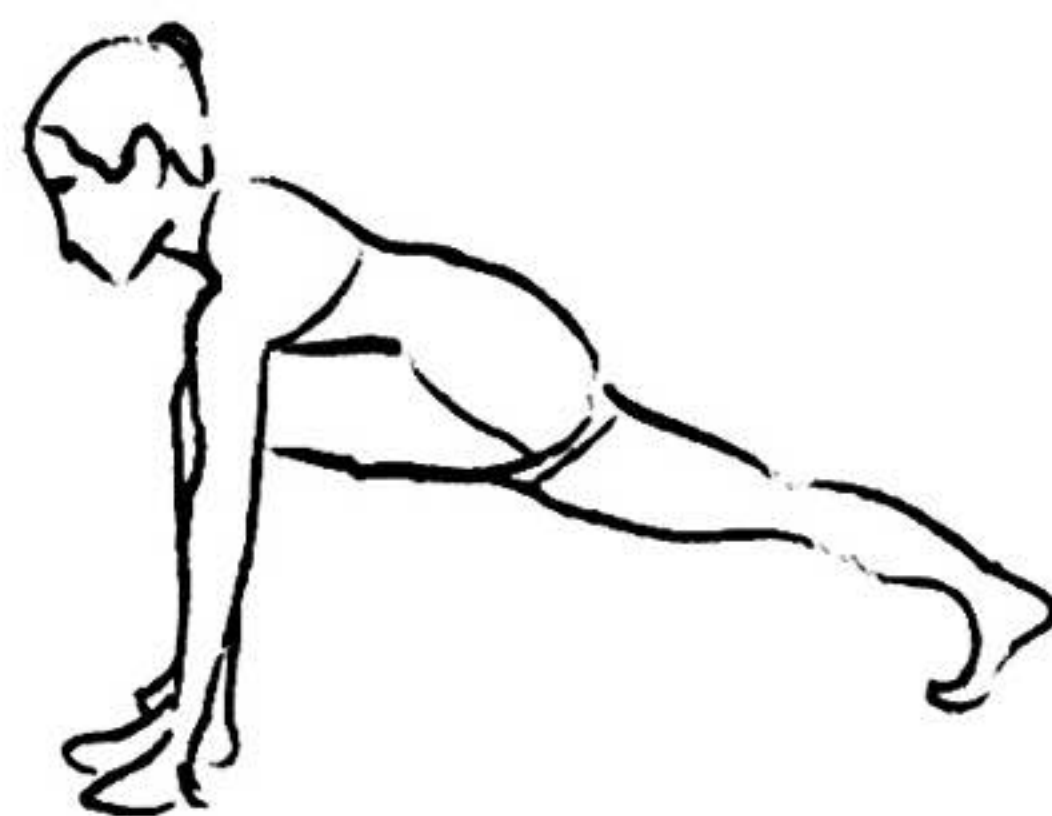
- Downward Facing Dog



- Warrior 1 Left Side



- Lunge Left Side



- Plank Pose

